#### **UNITED STEELWORKERS**



## Course Catalog Winter/Spring 2020



# Learn To Earn

As a Local 135l Union Member, you receive money every year to take classes. You receive \$2,000 a year to take Customized classes (Classes that I set up) AND \$2500 a year to take Tuition based classes. (Any classes you take on your own, to any accredited institution. Online too!) You get new funds January 1st (same amounts, not additional)

> This money is for YOU to better yourself or to try something new. Don't let it go to waste!



ONGOING PERSONAL AND PROFESSIONAL DEVELOPMENT:

This section consists of accredited colleges and classes that can be taken any time of the year. This section would be part of your \$2500 total limit Tuition Assistance fund. (If you are pursuing a degree for at least a year, you can apply to have your funds combined! Contact me if interested!

#### SUNY Empire:

Whether it's pursuing an associate, bachelors or master's degrees onsite at 35 locations in New York state and abroad, as well as online everywhere, SUNY Empire is there to help.

1-800-847-3000 www.esc.edu

## Erie Community College:

Erie Community College provides superior opportunities for job placement, transfer preparation, and lifelong learning by offering current, continuously assessed academic programs which serve the needs of a diverse student population and provide the education and skills students need to compete and be successful in a changing economic climate.

In house or online classes available. (716) 851-1322 www.ecc.edu

### Buffalo State College:

The largest comprehensive four-year college in the SUNY system, Buffalo State educates nearly 10,000 undergraduate and graduate students each year and has an alumni population of 100,000. The college is known for its strong community connections and a continuing commitment to providing high-quality lifelong learning opportunities.

(716) 878-4000 https://suny.buffalostate.edu

### CDL Training and Heavy Equipment Operator:

National Tractor Trailer School www.NTTS.edu

#### Erie One Boces:

PT classes: Accounting, Animal Care, Automotive Services, Building Trades, Computer Aided Design, Electricity/ Electronics, Health and Medical, Heavy Equipment Operator, HVAC, Industrial Maintenance, Welding. 716-821-7500 www.e1b.org

#### \*If you are interested in an institution not listed, let me know!

## Orleans/Niagara Boces:

PT classes: Cosmetology, Electrical, Welding, HVAC, Small Engine Repair, Pipe Fitting and Health. 716-731-6800 www.onBoces.org

#### Penn Foster:

Looking to earn your high school diploma, work toward a college degree, or upgrade your career skills? Penn Foster is your 100% online, flexible, affordable solution! 1-800-230-7206 www.PennFoster.edu

#### Scuba Diving:

From beginner to advanced! Equipment is included, as well as all open water dives. Become P.A.D.I certified. Professional Scuba 716-648-DIVE (3483)

#### Learn Another Language!

Choose between 32 languages. Your subscription is good for 12 months, and includes a headset and 24/7 support. You may also download an APP for your smart phone to practice on the go!

Rosetta Stone: Contact Mary from ICD to sign up.

#### Computer Classes:

Be trained on the hottest courses! Over 1500 classes to choose from.

Call 716-688-8688 or go to www.newhorizonsatlo.com to learn more and to sign up.

### Buffalo School of Barbering:

This course is held at a state of the art facility with NYS certified teachers and flexible scheduling. 716-871-1029 www.BuffaloSchoolIfBarbering.com

#### **Buffalo Public Schools Adult Education:**

Building Skills Classes: HVAC, Electrical, Plumbing, Drywall, Masonry, Concrete and just a few of the MANY classes offered.

Visit www.UpSkill.org to see full class descriptions or call 716-888-7088.

#### Professional Bartending Course

Come learn a new career from the largest, most successful Professional Bartending Training Company in New York State. This 'hands-on" school prepares you for a successful career in bartending.

Call (716) 874-9112 or go to www.bartenderprotraining.com to sign up.

#### The Foundry Buffalo:

Become part of our community and help us empower the next generation of entrepreneurs' and makers. By taking a class at The Foundry, you are not only supporting the small businesses in residence at The Foundry to continue to grow and prosper, but your class fees also assist in funding our youth programs! Woodshop, MetalShop, Tech Lab, Textile lab and so much more! Classes constantly added. Go to www.the foundrybuffalo.org or call 716-885-1381

#### **Bicycle Repair and Maintenance:**

Bicycle maintenance is key to enjoying your ride. If you are not experienced in bike mechanics, stop by our community workshop to learn some basic skills. If you'd like to learn how to tune up and fix your bike yourself, our workshop is the place to be! We have bike mechanics and trained volunteers on hand to help assist you with all bicycle endeavors. You're welcome to visit the workshop during our shop hours. The workshop is free for GObike buffalo members and a \$10 day pass is asked of visitors. Stop in soon and learn something new! 716-218-7161 www.gobikebuffalo.org

#### Taxidermy School:

www.WhitetailTaxidermyschool.com 585-269-9933

## NYS Real Estate Licensing:

This 75 hour course is required to earn your NYS real estate license and serves as a prerequisite for the NYS Broker's license. Includes: text books, tuition, exam review, FREE online practice questions, DVD for home review and a CD for your car or home. This course prepares you for your NYS exam held in downtown Buffalo/Rochester. 3 locations to choose from. Day and evening classes. www.wnyschoolofrealestate.org (716) 633-9009

### Home Inspection Licensing:

CATS (Certified Adult Training Services) has over 10 years of experience teaching Home Inspectors throughout New York. Our proven method of teaching has successfully started countless small businesses. CATS focuses not only in teaching a licensed NY State Curriculum but there is a constant focus on being able to successfully run your own business. Evening hours available! 1-888-838-1488 or www.CatsofBuffalo.com

#### **Defensive Driving Course:**

Reduce your car insurance by taking an online defensive driving class. This class can give you a 10% car insurance discount for up to 3 years. This 320 minute online class can be taken over time, or in 1 sitting. Once completed, bring your receipt and certificate to ICD for reimbursement. A typical online cost for this class is \$25. Some suggested websites are- https://www. newyorksafetycouncil.com/buffalo, www.idrivesafely.com, and www.aaa.com/defensivedriving.



## Hunting Licenses and Training:

Hunter education, Bow hunting, Trapping, and Waterfowl programs. Must register. https://register-ed.com/programs/new\_york

#### Gunsmith:

Whether you are looking to start on your path to becoming a gunsmith, or just want to refine your skills for your hobby, you can get your Gunsmith career diploma in as little as three months with Penn Foster Career School. This online training lets you study when and where you want, at your own pace.

www.Pennfoster.com

#### Tooling U-SME

Delivers versatile, competency-based learning and development solutions to manufacturing, working with over half of all Fortune 500<sup>®</sup> manufacturing companies, plus educational institutions across the country. A division of SME, Tooling U-SME partners with customers to build high performers who help their companies drive quality, productivity, innovation, and employee satisfaction. Participants can subscribe to the entire library for 3 months (\$200) or 12 months (\$500). For more information contact Paul Kovacs at Paul.kovacs@toolingu.com or 216-706-6611.

#### Free College Benefit!

A degree for free? Yes! For all Steelworkers' and their families, Eastern Gateway Community College provides free college for members, their families and retirees. Credits can be transferred, there is \$0 out of pocket cost and you can earn an Associate degree! You can also just take a class. There are no restrictions. For more info check out www.FreeCollege.USW.org or call 1-888-590-9009.

#### Motorcycle Mechanics:

<u>Spoke and Daggor Co.</u>: Want to learn more about working on your own motorcycle? We have the course for you!! Eight weeks of learning the basics of motorcycle mechanics. Course includes a textbook for you to use as reference when you head home to test your new skills. No prior knowledge on motorcycle mechanics is required. This is not a certification course. This course is a basic overview so you are more comfortable working on your own motorcycle. 1434 Hertel Avenue, Buffalo, NY 14216 • Call 716.616.0777 or email info@spokeanddaggerco.com



## **PROFESSIONAL DEVELOPMENT AND ADULT EDUCATION:**

These classes are organized by me and the instructors. Some would be Tuition Assistance (\$2500 total limit a year) and some Custom Classes (\$2000 total limit a year.)

Classes are held at the ICD Training Center at 810 Sheridan, unless otherwise noted.

#### Welding:

This 32 hour class will teach welding safety and equipment of the GAS Metal ARC Welding process

(GMAW/MIG Welding) Classes will include theory, followed by practical welding of 10 Ga, ¼" and or 3/8" carbon steel. Each student will have access to an individual welding machine and individual weld booth throughout the program.

Classes will be held Mondays and Wednesdays starting March 3rd. Choose time frame : 9:00am-1:00pm OR 4:00pm-8:00pm Class will be held at : ARC Training & Consultation Services 2756 Transit Road, West Seneca, NY 14224



#### Small Group Golf Lessons:

From beginner to advanced, learn how to pitch, chip, putt and full swing correctly. Learn course management and all the ins and outs of a great golfer. Class is held at the Brighton Golf Done in Tonawanda. Classes are restricted to 5 lessons a member.

Class options: Saturday January 11th 8:15-9:15, Wednesday February 12th 3:30-4:30, Wednesday May 20th 3:30-4:30, Saturday May 23 8:15-9:15, Wednesday June 10th 3:30-4:30 or Saturday June 13th 8:15-9:15



#### Thissectionwould comeout of your Customized Classes fund only (\$2000 total limit a year)

All classes are held at the ICD Training center, 810 Sheridan, same building as the union hall.

#### Coding Mashup - 8 weeks:

Let's Scratch: With Scratch, you can program your own interactive stories, games, and animations. Scratch helps newbie coders learn to think creatively, reason systematically, and work collaboratively — essential skills for life in the 21st century. Scratch is a project of the MIT Media Lab. Scratch is designed especially for ages 8 to 16, but is used by people of all ages. Millions of people are creating Scratch projects in a wide variety of settings.

Python Startup: We are not bringing a pet snake to your workplace, so we'll settle for introducing you to Python, one of the most popular coding languages today. Start slowly or code fast, these classes are for our beginner and intermediate coders - no Python experience necessary. Oh, Google, Facebook, Instagram, Spotify, Netflix, Dropbox and Reddit, they all use Python!

WebRox: Everything's about the web these days, and that's why Web Rocks! Code with all the base web technologies like HTML and CSS. Learn how the internet and file transfers work, and get your pages uploaded to our servers for public viewing!

\*If you own a laptop, please bring it to class. If not, we will provide you with one.

Class will be every Wednesday Starting January 8th until February 26th. Class time options are 1:00-2:00 PM or 3:30-4:30. Class is held at the ICD center 810 Sheridan Dr.

#### Raspberry PI Jam - 6 weeks:

Explore how the programming basics you learned in Coding Mashup can be used to control physical objects like Drones and Robots. We will introduce you to the wonderful world of Raspberry Pi3 and let you jam to the coolest credit card sized gadget. Explore cool stuff you can do with a tiny computer, which may include controlling physical stuff like light sensors, LED panel or other fun stuff! What's more, the Raspberry Pi has the ability to interact with the outside world, and has been used in a wide array of digital maker projects, from music machines and parent detectors to weather stations and tweeting birdhouses with infra-red cameras. The possibilities are limitless. We will help you get started! (Pre Requisite: Coding Mashup) Class will be every Wednesday starting March 4th and finishing April 8th. Class time options: 1:00-2:00 or 3:30-4:30. Class is held at the ICD center 810 Sheridan Dr.

#### Laying Tile:

Bathroom or kitchen in need of a new look? Do you have broken or missing tiles? In this course you will learn everything from how to cut tiles, mix adhesive, install, grout and seal! This class will even show you the best way to apply silicone afterwards.

Thursday January 16th . Choose time frame: 12-2 pm or 3:30-5:30

#### Preparing to Retire:

This open forum class will discuss pension options, social security benefits, Medicare plans, 401K investment choices and Market Volatility. This class is for members who want to know more about their retirement plan. Whether it's in months or years.

Class options: Tuesday February 11th at 3:30 OR Saturday February 15th at 9:00 am

#### How to start your own business:

Ever think about starting your own business? Want to sell a custom product and earn some extra money? This course will cover everything you always wondered about starting your own small business. Learn how to apply for an LLC, trademarks, Tax IDs and work permits. You'll be shown how to open a business bank account as well as getting the proper insurance. Don't let marketing, web design or publication scare you away from starting your dream! This class will cover all the rules and regulations on starting a New York state business.

Wednesday February 25th. Choose time frame: 12-2 pm or 3:30-5:30 pm

### Body Shop:

Learn basic car maintenance to save yourself time and money! This course will teach you how to do an oil change, replace a battery, wipers and even brakes. After an hour of class instruction, you will go across the street to the Auto Body Shop to learn these skills hands on. Tuesday March 10th. Choose time frame:12-2 pm or 3:30-5:30 pm.

#### <u>CPR/First Aid/AED and Basic Life Support</u> (BLS) Certification:

The purpose of these programs is to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. Basic Life Support for Healthcare Providers (BLS) course is to ensure that individuals have the knowledge and skills necessary to respond to breathing and cardiac emergencies. The course emphasizes active, hands-on learning and uses scenario activities to help participants learn how to provide CPR, use an AED and relieve an obstructed airway for adult, child and infant patients.

Class options: Wednesday March 25th 3:30-6:30 OR Saturday March 28th 10 am- 1 pm.

#### Flooring:

Afraid of installing your own laminate or hardwood flooring? This hands on course will teach you how to remove old flooring, and refinish or replace with new laminate or hardwood. Change the look of any room and do it all yourself!

Wednesday April 15th . Choose time frame: 12-2 or 3:30-5:30

### Intro to Drones for Commercial Use\*:

This 8-hour course is a comprehensive overview of the information you need to start using drones safely and legally. This course covers the types of flight systems available, their capabilities, and how to pick the one that would be best for your organization/business. Discussions on how drones can be used in specific business applications, and how to apply drone technology to bring efficiencies to your business.

Class options: Tuesday April 7th and 14th 3:30-7:30 OR Saturday April 4th and 11th 9-1 pm.

\*Students interested in pursuing an FAA remote pilot certification should follow this course with the Hands-On Drone Flight Training - Basic Quadcopter Flight Skills

#### Hands-On Drone Flight Training and Basic Quadcopter Flight Skills:

This unique indoor flight training methodology uses model quadcopters (currently the Syma X5C without FPV) flying indoors. By flying indoors, students do not need to contend with wind or other weather conditions and allows them to focus solely on controlling the aircraft. Our course will bring students through a series of increasingly difficult exercises and having them flying through an obstacle course by the end of the day. This course is designed to prepare operators to successfully pass the FAA certification test and achieve remote pilot certification. Class options: Tuesday May 5th and 12th 3:30-7:30 OR Saturday May 2nd and 9th 9-1 pm



## PISTOL PERMIT CLASSES:



#### Home Defense:

Learn to formulate a strategic plan to avoid or survive a home invasion. You will learn how to secure your home, barricade and hard-pointing defensive firearm. Learn how to protect yourself and loved ones and make your home less of a target for criminals.

Class choices: Thursday February 13th 3:30 to 6:30pm OR Saturday - June 6th 9am to Noon

#### Multi State:

(This class can also be used to apply to NY):

Learn everything you need to know when carrying in NY, FL, UT and AZ. Having permits in these 4 states allows you to carry in most states with restrictions. You will be fingerprinted and guided with filling out forms. Class options: Thursday March 19th 3:30 to 7:00pm OR Saturday April 18th 9am to 12:30pm

#### Intro To Concealed Carry:

(This class can be used to apply to NY and be used to remove restrictions from existing permit):

This next level up class teaches more about concealed carry but also guarantees that after taking the class, students will get an unrestricted NY permit or have restrictions thay have on their permit removed. Learn about different types of guns, ammunition, holsters and use of deadly force.

Class options: Thursday April 16th 3:30 to 7:30pm OR Saturday - May 16th 9am to 1:00pm

## **CULINARY TRAINING:**

#### This section is Customized Class fund only (\$2000 total limit per year)

Classes are held at the Niagara Falls Culinary Institute, 28 Old Falls St. Niagara Falls NY. Class is held in on the second floor in room 208. You may park in the parking ramp on floor 3 or 5. These floors give you direct access to the institute. Bring your parking stub to class to get validated!

#### Gnocchi:

Gnocchi means "lumps" in Italian. They are small dumplings made with potatoes and flour. Cooked potatoes are mashed and combined with flour to create a dough that's then formed into small pieces for boiling. When they are cooked, they transform into light, fluffy pillows. Gnocchi can be easy and fun to make with our cooking tips, and you top it with grilled balsamic steak tips! Learn how to make a smooth and creamy gorgonzola sauce that'll be the star of your next dinner party.

Class options: Wednesday January 16th or Saturday January 18th at 6:00 pm



### Soul of the South:

Comfort food to the max- Learn why brining makes for delicious chicken, and what it takes to have the crispiest chicken in the game! Learn to Pan Fry Buttermilk-Brined Chicken, bake Jalapeño Cornbread, and braised Greens with Bacon.

Class Options: Wednesday February 19th OR Saturday February 22nd at 6:00 pm

#### International Italian:

Take a trip to Northern Italy to perfect your risotto skills! This class will focus on proper risotto and searing technique and will teach you a great focaccia recipe as well! You will sear scallops and make your entire Italian meal come together.

Class options: Wednesday April 22nd or Saturday April 25th at 6:00 pm

#### **Cupcake Decorating:**

Learn how to decorate a cupcake like a pro from our talented pastry chefs! No design is out of reach! Each participant will be decorating chocolate cupcakes with Italian Buttercream. Class Options: Wednesday May 14th or Saturday May 16th at 6:00 pm





\*\*Don't see what you're looking for? Reach out and I will try to find something that works for you!\*\*



Allclassessubject to cancellation fiflow enrollment occurs



If you are unable to attend a class you signed up for, please let ICD know as soon as possible.

Many of our classes become full, and there are waiting lists.

If you become a repeat offender of not attending classes you signed up for, you may lose your ICD privileges for 1 calendar year.

If you only partially complete a class, your ICD privileges may be revoked. All classes that involve an item (iPad, fishing pole, drone etc.) and you only attend part of the class, your ICD privileges WILL be revoked for 1 calendar year.

Let's continue to have fun, educational and successful classes in 2020!! Thank you





#### A+ Computer Certification

A+ is for anyone interested in learning how to maintain and service computers and is a widely accepted certification that demonstrates knowledge of hardware and software technologies. This is the best certification for anyone looking to begin their education in computers or advance their existing skills. Plenty of hands-on labs where you will install, upgrade, repair, configure, troubleshoot and maintain computers.

Sign up for this class and you can purchase a complete desktop computer kit for just \$149. Use the kit throughout the class and keep it when the class ends. **Prerequisites: None** 

Tuesdays-January 14 to June 2 No Class: March 24 9am-12pm or 3pm-6pm Note: This is a TAP class. Instructor: Bill Needles

#### Business Planning II: Fine Tuning Your Business Plan

This course allows the participant the opportunity to complete an initial draft of a business plan. The initial draft will include an operational plan, a management plan, a marketing plan, as well as, financial plan. The financial plan will include a comprehensive sales forecast, a profit and loss projection and a cash flow projection. Spouses are welcomed to attend at no charge. lease enroll today! **Prerequisites: None** 

Thursdays-January 9 to February 27 8am-10am or 4pm-6pm or 6pm-8pm Instructor: Scott Williams

#### **Business Planning III: Finalization of a Business Plan**

The course allows the participant the opportunity to complete a final draft of a business plan. This draft will include an operation, marketing and management plan, as well as, a financial plan. A business plan is an important tool in determining financial success. Why put your hard earned money at risk without first evaluating the feasibility of your idea? Spouses are welcomed to attend at no charge! **Prerequisites: None Thursdays-March 5 to April 30 No Class: April 9 8am-10am or 4pm-6pm or 6pm-8pm Instructor: Scott Williams** 

#### What are Live and Online classes?

All of these classes are recorded and uploaded to the web so you can watch them on demand online! To see sample classes, go to: careerdevelopmentchannel.org

#### **Guitar For Everyone**

This class welcomes all guitar players including beginners. Our weekly video will include lessons for all levels and our live classroom will teach everyone skills that will need to improve their playing. Our instructor, Eric Lambert, is a Chicago Music Award Winner, a Strings and Sol Guitar Contest Winner and has performed and taught internationally. He is also an educator on the acclaimed guitar instruction website Truefire.com If you've ever wanted to learn to play this awesome instrument or just want to get better at it, here is your opportunity. Have fun! Play guitar! **Prerequisites: Own a guitar and a smile** 

Mondays-January 6 to March 30 No Class: January 20 11am-12pm or 2pm-3pm or 3pm-4pm Instructor: Eric Lambert

#### Healing Chronic Conditions Holistically

This workshop provides an overview of the Improve Your health through Lifestyle Intervention class.

This popular class is highly effective when participants engage in the activities set out. So what are those activities? What is functional medicine? And how does this program work? Take this workshop to find if this program is for you. Invest the time, invest in yourself. **Prerequisites: None** 

Wednesday-January 22 10am-11:15am or 3:30pm-4:45pm Instructor: Pamela Johnson Free class!

#### Taking Stock In Your Life & Finances

In this course, students will gain confidence and understanding of the markets and how they may affect their financial growth and retirement. Students will learn how to remove the media noise and biased opinions from the news heard and seen daily. They will learn to make financial decisions with clearer minds, based on probabilities of success and reduced risk. Additionally, they'll learn to trade the stock market, from very basic concepts to more advanced trading strategies. Students will also learn how to build strong lists of stock and mutual funds. **Prerequisites: Computer a for viewing classes, , if desired. Please submit your emails to** 

#### tomcook1124@gmail.com

Tuesdays-January 7 to February 1110am-12pm or 4pm-6pmInstructor: William Thomas Cook II

#### Understanding the Cloud

What is the Cloud? How can I benefit from cloud based services? These answers and more are available in this two day class. As a matter of fact you can attend this class in person or take it over the cloud LIVE! **Prerequisites: None** 

Thursdays-April 9 to April 16 8:30am-11am or 3:30pm-6pm Instructor: Bill Needles

Live and Online classes are offered at Leon Lynch Learning Center and at JobLink. Visit our website for more information: careerdevelopmentchannel.org Contact Karen Farrer to enroll your students: karen.farrer@arcelormittal.com

## UNITED STEELWORKERS

ICD Local 135l Mary Ennis: ICD Coordinator

810 Sheridan Dr. Suite 200 Tonawanda, NY 14150 (0) 716-876-0368 (C) 716-245-9425 (F) 716-876-0356 Office Hours M-F 7:00-3:15 (Call/text if you need another time!) ICDtrainingCoor@yahoo.com



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