



SPRING 2023

TRAINING AND EDUCATION GUIDE

USW



Local Joint Committee Members

Program Coordinator

Donna Permigiani

donna.permig@monvalleyicd.com

412.460.0390

USW

Robert Pastore

Dave Galo

Jim Johnston

U.S. Steel

Allison Pletcher, Chair

E.T. Local 1219

412.271.4555

Mike Evanovich, Co-Chair

Matt Albeni

Richard Zeek

Clairton Local 1557

412.233.5672

Don Furko, Co-Chair

Robinson "Bo" Waddell

Irvin Local 2227

412.469.0100

Jason Zugai, Co-Chair

Jack Maskil

Mike Johnson

Local 2227-01

412.469.0100

Scott Cramer, Co-Chair, Clairton

Debbie Brennfleck, E.T.

Keli Vereb, Irvin



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Program Coordinator
Donna Permigiani
donna.permig@monvalleyicd.com

www.monvalleyicd.com

[www.facebook.com/MonValley ICD](https://www.facebook.com/MonValleyICD)

Mon Valley ICD
One South Linden Street
Duquesne, PA 15110

412.460.0390

Hello, and Good-bye, from your ICD Coordinator

Happy New Year! Another new year means another ICD catalog of interesting classes and programs. I enjoy planning the classes, working with instructors, and especially meeting Mon Valley Steelworkers.

If you have ever talked to me, you know my dad and grandfather were Steelworkers. My dad retired from the Irvin Works, and my grandfather from Clairton Works. When I meet new employees to tell them about the ICD, I always mention that fact.

I was so excited back in 2018 when I accepted the position of the Mon Valley ICD Coordinator. I am a lifelong Mon Valley resident, and it was good to be working so close to home, meeting Steelworkers, and promoting the ICD and its benefits.

I am a believer in lifelong learning, and this position gave me the opportunity to promote learning across various fields, trades and interests. You are never too old to learn!

It is time to “pass the torch,” as the classes and programs planned for this catalog will be my last. I am retiring in February. I have had a blast these past 4 ½ years! I have met so many wonderful and kind people, and I will miss it.

Michele Taylor will be your new ICD Coordinator. Many of you may remember Michele. She was the Program Assistant a few years ago. I am happy she is returning!

I will be visiting Michele at the ICD from time to time, and will try to visit when classes are being held. I hope to see many of you in 2023.

Learning is your benefit for life!

Donna Permigiani

WHAT IS THE ICD?

The Institute for Career Development (ICD) is a contractually negotiated benefit for eligible members of the United Steelworkers and the companies that employ them.





ICD is a joint labor-management training program in which members participate in self-directed learning opportunities on their own time. Members can choose from a wide range of course offerings to learn new skills or simply brush up on old ones.

Each local program is overseen by a Local Joint Committee (LJC), which is made up of local union and company leaders. The ICD Coordinator runs the day-to-day operations of the program.

The LJC is responsible for all decisions regarding local staffing, finances and course offerings. Currently, ICD has 65 locations in the steel, tire & rubber, glass, container and utility sectors and 16 participating companies.

What makes the program unique?

Everything is geared toward making learning comfortable and accessible for Steelworkers. Our learning centers are conveniently located, usually on or near work sites or in a union hall.

Each site offers classes under the direction of the LJC. The LJC decides what courses to offer by documenting workers' needs and interests. They do this through surveys or by sending the program coordinator to talk to workers to get their feedback. Each Career Development Program is uniquely tailored for the Steelworkers at that location. It's a "bottom-up" philosophy that enables Steelworkers to drive the program.

Another important aspect of the program is learning confidentiality. Only the Steelworker and the Career Development staff know whether the Steelworker is there to brush up on basic skills or complete a college-level course. Computer-aided instruction supplements traditional classroom settings, small group sessions and one-on-one tutoring.

Custom Courses open to current active Steelworkers

- Classes are held at the Mon Valley ICD and at the local union halls
- A minimum of 5 active USW members must be enrolled per class
- Retirees and spouses may participate as per the ICD Policy

The Governing Board for the ICD has a limit on custom courses of \$2,000 per participant per calendar year. This means in most cases, each participant is able to take approximately 5 courses per year. (Classes cost \$250-\$800 per person; and each participant’s spending is tracked in the database).

Tuition Assistance

All active USW Mon Valley Works employees are eligible to receive up to \$2,500 annually in tuition assistance toward an approved, accredited program.

Students actively pursuing education for career advancement through an accredited degree program may qualify to combine their funds up to \$4,500 per year until completion.

Contact the ICD Coordinator to complete an Education Development Plan to begin the approval process.

**(CCAC) Community College of Allegheny County
South Campus**

CCAC offers both credit & non-credit courses at their four main campuses as well as area centers throughout Allegheny County. As an accredited institution, most CCAC courses are approved for Tuition Assistance & eligible for Issuance 14 reimbursement. Through their Workforce Development program, CCAC continues to provide quality training through custom courses as well as online learning.

1750 Clairton Blvd Route 885
West Mifflin, PA 15122
www.ccac.edu

(IR-2227) Local Union 2227 Hall

1301 Phillip Murray Road
West Mifflin, PA 15122

(ET-1219) Local Union 1219 Hall

1070 Braddock Ave.
Braddock, PA 15104

(PTA) Professional Training Associates, Inc.

Professional Training Associates is a leading provider of environmental health & safety training, specializing in OSHA & EPA required courses such as those governing asbestos & lead activities.

46 S. Linden St.
Duquesne, PA 15110

**(WC-ATC) Westmoreland Community College
Advanced Technology Center**

Westmoreland College’s state-of-the-art Technology Center provides experiential learning relevant to today’s industries. Credentialed courses are offered in Welding, HVAC, Machining, Design, & Industrial Maintenance. Additionally, custom courses are offered in partnership with the Mon Valley ICD throughout the year.

1001 Technology Drive
Mt. Pleasant, PA 15666
www.westmoreland.edu

Contact the ICD Coordinator for more information & to enroll in these ongoing ICD Programs.

Pre-Learner Maintenance Training Program*

As per the Labor Agreement, this standardized training offers employees the opportunity to acquire the necessary skills & knowledge to potentially test at a higher level in order to enter the U.S. Steel Maintenance Technician Learner program. This program is self-paced through access to online Mechanical, Electrical, or Systems Repair topics correlating to the competencies required for Maintenance Technician. All class work can be completed online at the student's convenience. Any student who does not have access to a computer should contact the ICD Coordinator to make arrangements to use the ICD's computers.

Online, self-paced

Pre-Learner Entrance Requirements

- Be an active non-maintenance Steelworker
- Register with the ICD Coordinator by calling 412-460-0390
- Have a valid email address
- Take classes on their own time

**Completion of the online training does not guarantee qualification for a Maintenance Technician position or entry into the Learner Program. All additional requirements to become a Maintenance Technician or Learner must still be met.*

USS Fitness Program

Located at the Center for Fitness & Health (Belle Vernon, PA), this 36-month program offers a well-balanced combination of nutrition education & workout techniques to develop exercise regimens & a healthy lifestyle. Professional fitness trainers provide instruction & motivation at weekly classes, scheduled multiple times & days to accommodate shift work. New classes begin quarterly. Contact the ICD Coordinator to enroll.

More information about the Center for Fitness & Health at www.mvhealthplex.com

ToolingU Manufacturing Skills Training

With more than 500 unique online classes, ToolingU provides training in an easy to navigate, interactive web-based environment. Comprehensive topics can be accessed through any internet connection 24/7 & include competencies in maintenance, engineering, welding, machining, safety & much more! One-year subscriptions are available. Contact the ICD Coordinator to enroll.

Online, self-paced

Catalog of courses & more information about ToolingU at www.toolingu.com

Commercial Truck Driver (CDL) Training –Class A & B

All-State Career School (West Mifflin, PA) offers customized training in tractor trailer driving toward obtaining a CDL license as a Class A or B operator. This 100-hour program combines classroom theory & on-the-road instruction with qualified instructors to prepare for the operator exam. Valid driver's license & physical exam will be required to obtain a CDL permit prior to training. Contact the ICD Coordinator to enroll.

More Information about All-State Career School at www.allstatecareer.edu

Welding Programs

All-State Career School (West Mifflin) offers the following welding programs:

- Shielded Metal Arc Welding (Stick)
- Gas Metal Arc Welding (MIG)
- Flux Core Arc Welding
- Gas Tungsten Arc Welding

Intro to Damascus - Active USW Employees

Students will go over the basic principles of forge welding and pattern development. We will weld several bars of Damascus and each student will go home with at least one bar of Damascus, from which they can make jewelry or knives.

If you register for this class and have taken another Takach Forge class, you may have to give up your spot for an employee who has not taken a Takach Forge class.

Takach Forge

Saturday, 2/18/23

8:00 am to 4:00 pm

1 sessions

Andrew Takach

Small Engine Repair

One of the Mon Valley’s most popular classes! Starting with the basics, learn the how’s and why’s of small gas engines, 2 and 4 cycle engines, and air-cooled overhead valve small engines. During the hands-on portion, you will be able to bring in your own equipment, troubleshoot and repair it to your satisfaction. The instructor will oversee and guide you in your work. Repairs can consist of anything from minor tune-ups to complete overhauls.

Irvin Local 2227

Wednesdays, 1/25/23 to 3/22/23

4:30 pm to 7:30 pm

10 sessions

Pete Kurka

NEW Working with Epoxy Coaster Set

Learn to make a unique coaster set to keep for yourself or to give as a gift. The students will have many different colors choices for their epoxy coasters and different choices of wood for the holder. This class will teach even complete beginners everything they need to know to complete this project and give you the skills for successfully working with epoxy.

Irvin Local 2227

Tuesdays, 5/16/23 to 5/23/23

8:30 am to 11:30 am, 4:00 to 7:00 pm

2 sessions

Zach Amend

NEW General Automotive Maintenance

Learn general maintenance on your car that can save you money! You will learn in this class how to change a tire, check oil and fluids, change your oil, change head and tail lights and much more. We will also cover problems that cause various check engine codes. Bring your car into class and get it running in tip top shape.

Irvin Local 2227

Thursdays, 5/18/23 to 6/8/23

8:30 am to 11:30 am, 4:00 to 7:00 pm

4 sessions

Mathew Ansel



Financial Fitness Workshop

Essentials of Stock Market & Cryptocurrency Success

Active USW Employees

Thinking about investing but don't know where to turn? Gain confidence in stock market investing, and learn how to identify winning stocks and cryptocurrencies before they move higher.

Mon Valley ICD

Wednesdays and Thursdays

4/19/23 to 4/27/23

8:30 am to 11:30 am, 4:00 pm to 7:00 pm

4 Sessions

David Wozniak, CMT

NEW Stained Glass - Sip & Solder

All levels welcome to learn how to cut, grind, and solder, stained glass to make your own wine glass sun catcher or functional wine glass charms. You will complete your project in this 3-hour workshop. Great gifts!

Mon Valley ICD

Monday, 2/13/23

8:30 am to 11:30 am, 4:00 pm to 7:00 pm

1 session

Liz

NEW Mosaic Planter or House Address Plant

Get ready for spring by creating a mosaic terra cotta planter or address plate. Learn to shape and break glass to create a colorful addition to your home. Finish by grouting and sealing for an all-weather project. No experience necessary.

Mon Valley ICD

Mondays, 3/6/23 to 3/27/23

8:30 am to 11:30 am, 4:00 pm to 7:00 pm

4 sessions

Liz Fortunato

NEW Stained Glass - Garden Stake

Learn how to cut, grind and solder, stained glass to make decorative garden stakes. Choose from dimensional flowers, butterflies or vegetable patterns to decorate your garden.

Mon Valley ICD

Mondays, 6/19/23 to 6/26/23

8:30 am to 11:30 am, 4:00 pm to 7:00 pm

2 sessions

Liz Fortunato

Fly Tying

Tie your own flies and catch fish! Introduction to Fly Tying is designed for the beginner who is interested in tying his or her own flies. With practice, you will be able to imitate many insects and bait fish that fish eat. Each session will cover one type of fly and one or two fly patterns that represent that type of fly. We hope that this course will make you a better fly tier, fly angler, and ultimately increase your awareness of nature along the stream. Materials, hooks, pattern sheets and instructions for each tie will be provided in class. Students may purchase tools (vice, scissors, bobbin, hackle pliers, bodkin, whip finish tool, and hair stacker) to practice fly tying outside of class.

Mon Valley ICD

Wednesdays, 2/1/23 to 3/8/23

8:30 am to 11:30 am, 4:00 pm to 7:00 pm

6 sessions

Scott Loughner

NEW Fly Fishing

This introductory class explores the fundamentals of fly fishing. Aimed at the novice fly angler, topics include equipment selection, knot tying, basic entomology and fly selection, reading the water, and where to fly fish in Western Pennsylvania. Fly casting, the most important aspect of fly fishing, is taught.

Mon Valley ICD

Wednesdays, 4/19/23 to 5/17/23

8:30 am to 11:30 am, 4:00 pm to 7:00 pm

5 sessions

Scott Loughner



Upholstery

One of the Mon Valley's most popular classes! Learn how to reupholster, cut fabric, tie springs, and do frame repair. Other skills covered will be hand and machine sewing, antique restoration, chair reupholstering, boat covers, tarps and more. Instructor Lou of Heinle Upholstery will identify small projects students can bring to work on; such as chair cushions, tractor seats, car and truck seats, small chairs and stools. Students are responsible for all fabric and supplies necessary for their projects, which can be purchased through the instructor.

Mon Valley ICD

Tuesdays, 1/17/23 to 3/14/23

4:00 pm to 7:00 pm

9 sessions

Lou Heinle



Become a Licensed Real Estate Agent

WHO

PDH
Real Estate
Academy

WHAT

Online
Real Estate
Agent Course

WHEN

Online course
available 24/7 with
lifetime access.

WHY

Do it part time to
supplement your
income or a career
after you retire.

The Pennsylvania approved
Pre-License course includes:

- > 30-hour Fundamentals
- > 45-hour Practice
- > Exam Prep
- > 800+ Practice Questions
- > Instructor Support
- > Lifetime Course Access
- > Pass Guarantee
- > Real Estate e-books
- > **Bonus Courses**
 - Mold for Real Estate Agents
 - Radon for Real Estate Agents

This course is approved by the Pennsylvania
Real Estate Commission to offer the 75 hours of
pre-licensing training.

Tuition is \$234

Employees pay for the course and are reimbursed
upon completion

To register, please contact the Mon Valley ICD
at 412-460-0390 or email info@monvalleyicd.com

PDH Real Estate
Academy

Tino Fulmeni Scholarship Fund

In 2022, four \$1,000 scholarships were awarded to children/grandchildren of Steelworkers by ICD.

The Tino Fulmeni Scholarship Fund was established to honor the memory of Brother Fulmeni. Tino was a fanatic about ICD. His commitment and contribution are evident in the success of the Career Development Program.

The following criteria must be met to be eligible for the scholarship drawing:

- Applicant must be a 2023 high school graduate enrolled in college in the fall semester of 2023 or a college student returning to school in the fall semester of 2023 or spring semester of 2024.
- Applicant must have maintained, in the past, at least a cumulative 3.0 grade point average and can demonstrate this with a transcript if selected.
- Applicant must be the child/grandchild of a United Steelworkers member who is currently eligible to participate in the Career Development Program.

Application Deadline is November 1, 2023

Submit an application online at www.icdlearning.org

Or MAIL or FAX applications to:

Tino Fulmeni Scholarship Fund • c/o The Institute for Career Development, Inc.
1300 East 85th Avenue • Merrillville, IN 46410 • Fax: 219-736-9216

Additional applications may be obtained from your local ICD program Coordinator, or by calling ICD at (219) 738-9029.

The Fund is administered by ICD in Merrillville, IN.



USS Mon Valley presents . . .



STAINED GLASS-SIP & SOLDER

All levels welcome to come and learn how to cut, grind, and solder stained glass to make your own wine glass sun catcher or functional wine glass charms. You will complete your project in this 3 hour workshop. Great gifts!



CLASS DATE: MONDAY, FEBRUARY 13TH, 2023



MOSAIC PLANTER OR HOUSE ADDRESS PLATE

Get ready for spring by mosaic-ing a terra cotta planter or address plate. Finish by grouting and sealing for an all weather project.



CLASS DATES: MONDAYS
MARCH 6TH THROUGH
MARCH 27TH, 2023



Class Times for Both Classes: 8:30am OR 4pm
Class Location: **MON VALLEY ICD**

ACCEPTING ENROLLMENTS NOW!!

**CALL THE ICD AT 412-460-0390 OR
EMAIL INFO@MONVALLEYICD.COM**

Offered by The Vanler Group—Carol Fuller 1-248-860-1076



USS MON VALLEY presents



LOCKSMITHING I & II

In this class, students will learn how to key up, re-key and master key residential knob locks. We will cover making keys by code, copying keys and making a key to lock without having a key. Students will be taught everything they need to know to re-key their house by learning how to gauge a key to set up a new lock. Information on where to purchase supplies and local locksmith organizations will be provided.



CLASS DATES:

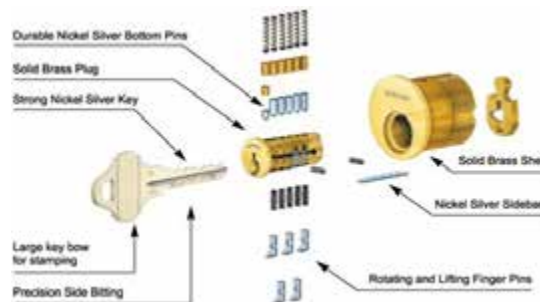
Thursdays, March 30th through April 13th, 2023

CLASS TIMES:

4pm to 7pm

CLASS LOCATION:

Mon Valley ICD



SIGN UP NOW!!

**CALL THE ICD AT 412-460-0390 OR
EMAIL INFO@MONVALLEYICD.COM**

Offered by The Vanler Group—Carol Fuller 248-860-1076



USS MON VALLEY presents . . .



ESSENTIAL LESSONS FOR STOCK MARKET & CRYPTOCURRENCY SUCCESS

Thinking about investing but don't know where to turn?
Gain confidence in stock market investing
Learn how to identify winning stocks & cryptocurrencies before they move higher
Apply this knowledge to your self-directed 401K

BACK BY POPULAR DEMAND

INSTRUCTOR
DAVID WOZNAK, CMT
CHIEF MARKET STRATEGIST AT
TRADING FLOOR RESEARCH
TRFTRADER.COM



CLASS DATES:

Wednesdays & Thursdays, April 19th, 20th, 26th, 27th, 2023

CLASS TIMES:

8:30am OR 4pm

CLASS LOCATION:

Mon Valley ICD



ACCEPTING ENROLLMENTS NOW!!

**CALL THE ICD AT 412-460-0390 OR EMAIL
INFO@MONVALLEYICD.COM**

Offered by The Vanler Group—Carol Fuller 248-860-1076



USS MON VALLEY presents . . .



WORKING WITH EPOXY

COASTER SET

CLASS DATE

Tuesdays, May 16th and 23rd, 2023

CLASS TIME

8:30am to 10:30am OR 4pm to 6pm

CLASS LOCATION

Irvin Works Local 2227

Learn to make a unique coaster set to keep for yourself or to give as a gift. The students will have many different colors choices for their epoxy coasters and different choices of wood for the holder. This class will teach even complete beginners everything they need to know to complete this project and give you the skills for successfully working with epoxy.



ACCEPTING ENROLLMENTS NOW!!

**CALL THE ICD AT 412-460-0390 OR
EMAIL INFO@MONVALLEYICD.COM**

Offered by The Vanler Group—Carol Fuller 248-860-1076



USS MON VALLEY presents . . .



GENERAL AUTOMOTIVE MAINTENANCE

Learn general maintenance on your car that can save you money! You will learn in this class how to change a tire, check oil and fluids, change your oil, change head and tail lights and much more. We will also cover problems that cause various check engine codes. Bring your car into class and get it running in tip top shape.

CLASS DATES:

Thursdays, May 18th through June 8th, 2023

CLASS TIMES:

8:30am OR 4pm

CLASS LOCATION:

Irvin Works Local 2227



ACCEPTING ENROLLMENTS NOW!!

**CALL THE ICD AT 412-460-0390 OR
EMAIL INFO@MONVALLEYICD.COM**

Offered by The Vanler Group—Carol Fuller 248-860-1076



USS MON VALLEY presents



STAINED GLASS GARDEN STAKES

LEARN HOW TO CUT, GRIND AND SOLDER STAINED GLASS TO MAKE DECORATIVE GARDEN STAKES. CHOOSE FROM FLOWERS, BUTTERFLIES OR VEGETABLE PATTERNS TO DECORATE YOUR GARDEN.

**CLASS DATES:
MONDAYS, JUNE 19TH & 26TH, 2023**

**CLASS TIMES:
8:30AM OR 4PM**

**CLASS LOCATION:
Mon Valley ICD**



SIGN UP NOW!!

**CALL THE ICD AT 412-460-0390 OR
EMAIL INFO@MONVALLEYICD.COM**

Offered by The Vanler Group—Carol Fuller 248-860-1076

Live and Online classes are offered at Leon Lynch Learning Center and at JobLink.

Visit our website for more information:
careerdevelopmentchannel.org

live and online

L&O Business Planning I

8wks

This is an introductory course in developing a business plan that requires no previous knowledge of the business planning process. This course will provide you with the ability to learn what is involved in developing a plan for a successful business. You will learn about an operational plan, personnel planning and finally a marketing and a financial plan. Prerequisites: None

**Thursdays-January 12 to March 9 No Class: February 16
8am-10am or 4pm-6pm or 6pm-8pm**

Location: Leon Lynch Instructor: Scott Williams

L&O Business Planning II

8wks

This course allows the participant the opportunity to complete an initial draft of a business plan. The initial draft will include an operational plan, a management plan, a marketing plan, as well as a financial plan. The financial plan will include a comprehensive sales forecast, a profit and loss projection and a cash flow projection. Prerequisites: None

**Thursdays-March 16 to May 4
8am-10am or 4pm-6pm or 6pm-8pm**

Location: Leon Lynch Instructor: Scott Williams

L&O Easy Guitar for Beginners

12wks

If learning to play the guitar has been a dream of yours then your dream is about to come true. Taught by three-time Chicago Music Award winner Eric Lambert, Easy Guitar for Beginners will teach you all the basic skills you need to know to begin playing your favorite songs. If you have any questions about how and what we'll learn, please email Eric at lambert130@gmail.com See you in class! Prerequisites: Own a guitar Love music!

**Mondays- January 9 to April 3 No Class: January 16
11am-12pm or 3:15pm-4:15pm**

Location: JobLink Instructor: Eric Lambert

L&O How to Start and Run a Small Business

6wks

This is an introductory course that teaches the basics of starting any type of small business. This course will focus on licenses/permits, location, deductible expenses, insurance, record keeping and legal decisions. After you have taken this class, you will clearly understand what is required to start a small business. Prerequisites: None

**Wednesdays-February 1 to March 29
8am-10am or 4pm-6pm or 6pm-8pm**

Location: Leon Lynch Instructor: Scott Williams

L&O MTM Prep

6wks

This six-week course will briefly touch on the procedures such as welding, machinery, tools, hydraulics, pumps, piping, print reading, and more. This class is for anyone who wants to improve their Ramsay score. Prerequisites: None

Tuesdays- January 17 to February 21

9am-12pm or 3pm-6pm

Location: Leon Lynch Instructor: Nick Nash

L&O ♦ Taking Stock In Your Life & Finances

6wks

The intention of this course is to introduce new-found confidence and understanding of the markets and how they may affect individuals in their financial growth and retirement. Students will learn to make financial decisions with clearer minds, based on probabilities of success and reduced risk. Students will learn to trade the stock market from very basic concepts to more advanced trading strategies. Students will also learn how to build strong lists of stock and mutual funds. Prerequisites: Computer available for viewing classes, in the comfort of the student home, if desired. Once registered for class, submit an email to tomcook1124@gmail.com, in order to be admitted into each live session.

Tuesdays-January 10 to February 14

10am-12pm or 4pm-6pm

Location: Online Instructor: William Thomas Cook II

L&O Using Video on Social Media for Business

6wks

No matter which industry you are a part of or what type of business you operate, videos on social media can promote your business in a fresh and effective manner. Video content is one of the most popular mediums for business today-and for a good reason. It can be more engaging, more memorable and more popular among consumers than any other type of content. Spouses are welcome to attend at no charge. Prerequisites: None

Wednesdays-January 11 to February 15

8am-10am or 4pm-6pm or 6pm-8pm

Location: Leon Lynch Instructor: Zernul Shackelford

Active steelworker registration begins Monday, November 14!

Zoom Classes



Instructor Gina Henry Classes

All classes 10am-1pm or 3pm-6pm

Free Vacations: Fun Family Travel

Travel free on your next family vacation with deep travel discounts offered to motivate us to book travel in 2023 & 2024. Earn free airline tickets, hotel nights, tours & more in the USA & worldwide. Learn about reward credit cards, volunteer at state & national parks, fun work-vacations, paid travel opportunities, teach English, mystery shop on vacation, and more. Plus important tips on travel web sites, health, safety, trip insurance, car travel and packing. Includes a 100-page digital book (a \$39.95 value). Go to www.GinaHenry.com for information.

Wednesday- February 8

Mystery Shopping: Get Paid to Shop

Get paid to shop at almost every store in your area, plus many online shopping assignments from home or on vacation (in over 70 countries). Learn the TOP 100 MYSTERY SHOPPING COMPANIES. Get paid or keep the items you buy. A FREE dinner for two at a nice restaurant, a FREE hotel, tank of gas, groceries, dry cleaning, store items & more. Instructor has been a professional mystery shopper for over thirty years & teaches in 90 cities. Includes a 100-page digital book (a \$39.95 value).

Monday- March 13

The Secrets of Reward Credit Cards: Free Air, Hotels & Cash Back

Earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel and redeem them for high-value trips. Or earn "cash back" to pay for your vacation (or to pay your electric bill, rent, mortgage, etc). Learn a "Beginners Strategy" then graduate to more "Advanced Strategies" that earn you 1 million+ reward points a year. Reward programs are detailed. Includes a 100-page digital book (a \$39.95 value). Go to www.GinaHenry.com for more info.

Monday- February 27

◆ Social Security 101

1day

This class will cover how age and wages affects benefits and explain entitlement factors for Social Security retirement, spouse, ex-spouse, and survivor benefits. She will also demonstrate the ease of obtaining your Social Security Statement and benefit verification letter via a mySocialSecurity account. Enhance your experience, create an account at www.socialsecurity.gov/myaccount to review your Social Security statement and be prepared to ask questions during the workshop.

Tuesday- November 8
3:30pm-4:30pm

Instructor: Charo Boyd
Location: JobLink/Microsoft TEAMS

Google Sheets 101

3wks

Google Sheets is a free online spreadsheet app. It looks and functions much like any other spreadsheet tool, but because it's an online app, it offers much more. Google Sheets works from any device, with mobile apps for iOS and Android along with its web-based core app. Sheets includes almost all of the same spreadsheet functions as Excel. We'll start with the basics and learn Google Sheets' calculation and some advanced features and learn how to build your own spreadsheets to use online or offline. Take this class online at your own pace and watch and practice as many times as you want. Prerequisites: Have or Create an active Gmail account before class

Mondays- February 6 to February 27

No Class: February 20

Location: Online

Instructor: George Zahariadis

Learn to Play Piano/Keyboard:

10wks

Levels 1,2,3,4 or 5!

This class is designed for all levels of Piano students. Learning and playing the piano/keyboard can open up an incredible door of creativity for you, as well as a fulfilling life of music making. Learn from an instructor with over 45 years of playing experience and over 30 years of teaching experience. The instructor will work with groups and individuals based on their piano level. This class is available on site, or can be Zoomed with instructor online, or can be a hybrid class (on site and/or Zoom) in case you cannot make it to class due to your schedule or other time conflicts. Prerequisites: None

Tuesdays- January 17 to March 28

No Class: March 14

11:30am-1pm or 3:30pm-5pm

Location: Leon Lynch/Online

Instructor: Frances Zahariadis

◆ Piano Open Lab

1wk

This class is designed for all levels of piano students. Learn from an instructor with over 45 years of playing experience and over 30 years of teaching experience. The instructor will work with groups and individuals based on their piano level. This class is available on site, or can be Zoomed with instructor online, or can be a hybrid class (on site and/or Zoom) in case you cannot make it to class due to your schedule or other time conflicts. Prerequisites: Must have taken or currently taking Learning to Play the Piano/Keyboard classes (Any Level)

Thursdays- January 12 AND January 26
February 9 AND February 23
March 9 AND March 23
April 6 AND April 20

1pm-5pm

Location: Leon Lynch/Online

Instructor: Frances Zahariadis

Morgan Stanley

You have goals. We can help you reach them.

The [Morgan Stanley Financial Wellness Program](#) helps empower you to take hold of your financial life. It gives you direct access to personalized online resources and the valuable advice of a Financial Advisor.



Our [Financial Wellness digital portal](#) begins with a financial assessment to help uncover your needs. Then, you will be matched with personalized journeys and materials to help improve your financial wellbeing.

- 100+ Education Articles
- 20+ Pre-recorded Webinars
- Multiple Calculators



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Christina Aquino, Financial Advisor – Willis Tower, 233 S. Wacker Dr., Suite 8600, Chicago, IL 60606

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Details about our Lifelong Learning Providers are available on the National ICD web page at www.icdlearning.org, under the Resources Tab > Educational Partners. And while you're there, explore more information on the history of the ICD, News from the Field, & how to apply for the Tino Fulimeni Memorial Scholarship.

Mon Valley ICD
One South Linden Street
Duquesne, PA 15110

