





UNITED STEELWORKERS

Course Catalog Spring 2023



How to Teach an Old Dog New Technology: (Zoom)

Does using your computer frustrate you?? Do you feel like you're getting left behind when it comes to technology?? No matter what you're doing today, it seems like everything has to do with technology. Bring your questions or concerns to this class.

Class: January 30th, 31st and February 1st. Choose a Zoom class time: 7:30 am, 11:00 am or 3:30 pm

Resin Craft:

Design and create art with resin! This hands-on class will teach you how to create items with resin. Learn how to color, mold, and pour, while creating stunning pieces! The first class will create a Buffalo window hanging, the second class will create a picture frame.

Class options: (Buffalo Craft) February 27th and March 6th at 3:30 OR March 4th and 11th at 10:00 am Class Options: (Picture Frame Craft) June 6th and 13th at 3:30 OR June 10th and 17th at 10:00 am

Sausage Making:

This hands-on class will teach you how to make homemade Chicken, Polish and Italian sausage. Students will be able to take home 5lbs of each kind. Please bring a reusable bag to class. New Students will be given priority.

Class options: March 29th at 3:30 OR April 1st at 9am.

Upgrading your Computer:

If your Desktop or Laptop computer seems slow, maybe it's time for an upgrade. Bring your computer to this class and you will learn to evaluate the possibilities of upgrading your computer. Maybe your computer needs a faster hard drive or a newer processor or needs more memory. You will end up with a fast computer suited for your own needs. Learn the ins and outs of upgrading a computer. Included in this class are \$150 worth of upgrades.

Class: The first class will be a ZOOM on May 8th. In Person class will be May 22nd and 23rd. Choose a time: 7:30, 11am or 3:30. (ZOOM and in person will be the same time you choose)

Understanding Home Networking and How to Set up a Wireless Router:

Are you tired of having wireless dead spots around your home? A Wireless Mesh Wi-Fi System can easily support your new Wi-Fi devices. Stream or game anywhere with seamless connectivity throughout your home. Enjoy the convenience of having a "single Wi-Fi network" for your house. Go from your living room to the backyard as you watch your favorite shows on your tablet. No Wi-Fi disconnects, no dead zones. At the same time learn and understand the fundamentals of home networking. **Cost to take the class: \$100.00. (Partial cost of router)**

Class will be held March 7th and 8th. Choose a time 7:30, 11:00 am or 3:30 pm







Classes are held at the Niagara Falls Culinary Institute on 28 Old Falls Rd in Niagara Falls, NY. All Culinary Classes include a guest.



Jambalaya Pasta

Fresh Pappardelle, Blackened Chicken, Cajun Cream Sauce. Class Options: January 18th or 21st at 6:00 pm.

Fish in a Flash

Pistachio-Crusted Tilapia, One-Pan Potatoes, Grilled Caesar Salad Class Options: February 22nd or 25th at 6:00 pm

Korean Lunchbox Cakes

Decorate three cakes that are the perfect size for one or two! Class Options: March 22nd or 25th at 6:00 pm



Personal Development

Rosetta Stone: **1 year contract for 1 language of choice**. **\$100 Member non - refundable deposit required to sign up**. Contact ICD to sign up New Horizons Computer Training: 716-688-8688 www.NewHorizonsAtlo.com Professional Scuba Training: 716-648-3483 www.ProScubaBuffalo.com The Foundry of Buffalo: 716-885-1381 www.TheFoundryBuffalo.org Taxidermy: White Tail Taxidermy School 1-585-269-9933 www.whitetailtaxidermyschool.com Motorcycle Safety School: MAC Street Riders (716) 216-4460 www.MacStreetrider.com Motorcycle Mechanics: Spoke and Dagger 716-616-0777 www.spokeanddaggerco.com

• It is expected that if a member registers for a class that member will attend and complete. If a class is paid for and the member does not attend, or fails to complete, ICD benefits may be suspended. Contact Mary for any questions.

Pistol Permits

New York Pistol Permit Class

Due to the changes with the NYS law, ICD can no longer hold pistol permit classes on site.

If you would like to attend a class, go to WWW.FTWNY.COM to sign up. ICD will cover half the cost of a NYS pistol permit.

CDL Training and Licensing





National Tractor Trailer School: 1-844-922-0874 www.NTTS.edu Stevens Truck Driving School: 716-674-2340 www.StevensDrivingSchool.com Buffalo CDL Training Institute: 716-834-2000 www.BuffaloCDL.net

Defensive Driving Online Classes

www.NewYorkSafety Council.com/Buffalo www.idrivesafely.com www.aaa.com/defensivedriving

NYS Real Estate, Appraisal and Home Inspection Licensing



WNY School of Real Estate: (716) 633-9009 www.WNYschoolofrealestate.org C.A.T.S Home Inspection School of Buffalo: 1-888-838-1488 www.CatsOfBuffalo.com Cusack Center for Professional Development: 716-683-4080



College and Workforce Training

All SUNY schools will be running with limited capacity and will consist of some online teaching. Please contact your school of interest directly to discuss the issues at hand.

In-Person/Online

Erie Community College: 716-851-1456 www.ECC.edu SUNY Empire: 1-800-847-3000 www.ESC.edu Buffalo State College: 716-878-4000 www.BuffaloState.edu University of Buffalo: 716-645-2000 www.Buffalo.edu Daemen College: 1-800-462-7652 www.Daemen.edu Bryant & Stratton College: www.bryantstratton.edu Erie 1 BOCES: 716-821-7500 www.E1B.edu Orleans Niagara BOCES: 716-731-6800 www.ONboces.org

Online Only

Penn Foster: 1-800-230-7206 www.PennFoster.eduToolingU: 1-866-706-8665 www.ToolingU.comCareer Academy: 781-453-3900 www.CareerAcademy.comFree USW College Benefit College: 1-888-590-9009 https://freecollege.usw.org

Educational Partners

ABTU American Business and Technology University www.ABTU.edu Ashworth College Contact Karen Hedge with questions or to enroll: 1.877.758.7630 ext. 2060 or kahedge@ashworthcollege.edu

Columbia Southern University www.ColumbiaSouthern.edu

DeVry University www.devry.edu/ICD

Morgan Stanley Financial Wellness www.financialwellness.morganstanley.com/icdenroll NetTudor www.nettudor.edu







Live and Online classes are offered at Leon Lynch Learning Center and at JobLink.

Visit our website for more information: <u>careerd</u>evelopmentchannel.org

live and online

Lao Business Planning I

8wks

8wks

This is an introductory course in developing a business plan that requires no previous knowledge of the business planning process. This course will provide you with the ability to learn what is involved in developing a plan for a successful business. You will learn about an operational plan, personnel planning and finally a marketing and a financial plan. Prerequisites: None

Thursdays-January 12 to March 9 No Class: February 16 8am-10am or 4pm-6pm or 6pm-8pm

Location: Leon Lynch Instructor: Scott Williams

Lao Business Planning II

This course allows the participant the opportunity to complete an initial draft of a business plan. The initial draft will include an operational plan, a management plan, a marketing plan, as well as a financial plan. The financial plan will include a comprehensive sales forecast, a profit and loss projection and a cash flow projection. Prerequisites: None

Thursdays-March 16 to May 48am-10am or 4pm-6pm or 6pm-8pmLocation: Leon LynchInstructor: Scott WilliamsLanEasy Guitar for Beginners12wks

If learning to play the guitar has been a dream of yours then your dream is about to come true. Taught by threetime Chicago Music Award winner Eric Lambert, Easy Guitar for Beginners will teach you all the basic skills you need to know to begin playing your favorite songs. If you have any questions about how and what we'll learn, please email Eric at lambert130@gmail.com See you in class! Prerequisites: Own a guitar Love music!

Mondays- January 9 to April 3 No Class: January 16 11am-12pm or 3:15pm-4:15pm Location: JobLink Instructor: Eric Lambert

Lao How to Start and Run a Small Business 6wks

This is an introductory course that teaches the basics of starting any type of small business. This course will focus on licenses/permits, location, deductible expenses, insurance, record keeping and legal decisions. After you have taken this class, you will clearly understand what is required to start a small business. Prerequisites: None

Wednesdays-February 1 to March 29 8am-10am or 4pm-6pm or 6pm-8pm Location: Leon Lynch Instructor: Scott Williams

Lao MTM Prep

6wks

This six-week course will briefly touch on the procedures such as welding, machinery, tools, hydraulics, pumps, piping, print reading, and more. This class is for anyone who wants to improve their Ramsay score. Prerequisites: None

Tuesdays- January 17 to February 21 9am-12pm or 3pm-6pm Location: Leon Lynch Instructor: Nick Nash

Taking Stock In Your Life & Finances 6wks

The intention of this course is to introduce new-found confidence and understanding of the markets and how they may affect individuals in their financial growth and retirement. Students will learn to make financial decisions with clearer minds, based on probabilities of success and reduced risk. Students will learn to trade the stock market from very basic concepts to more advanced trading strategies. Students will also learn how to build strong lists of stock and mutual funds. Prerequisites: Computer available for viewing classes, in the comfort of the student home, if desired. Once registered for class, submit an email to tomcook1124@gmail.com, in order to be admitted into each live session.

Tuesdays-January 10 to February 14 10am-12pm or 4pm-6pm Location: Online Instructor: William Thomas Cook II

Using Video on Social Media for Business 6wks

No matter which industry you are a part of or what type of business you operate, videos on social media can promote your business in a fresh and effective manner. Video content is one of the most popular mediums for business today-and for a good reason. It can be more engaging, more memorable and more popular among consumers than any other type of content. Spouses are welcome to attend at no charge.Prerequisites: None

Wednesdays-January 11 to February 15 8am-10am or 4pm-6pm or 6pm-8pm Location: Leon Lynch Instructor: Zernul Shackelford

Zoom Classes

Instructor Gina Henry Classes

All classes 10am-1pm or 3pm-6pm

Free Vacations: Fun Family Travel

Travel free on your next family vacation with deep travel discounts offered to motivate us to book travel in 2023 & 2024. Earn free airline tickets, hotel nights, tours & more in the USA & worldwide. Learn about reward credit cards, volunteer at state & national parks, fun work-vacations, paid travel opprotunites, teach English, mystery shop on vacation, and more. Plus important tips on travel web sites, health, safety, trip insurance, car travel and packing. Includes a 100-page digital book (a \$39.95 value). Go to www.GinaHenry.com for information.

Wednesday- February 8

Mystery Shopping: Get Paid to Shop

Get paid to shop at almost every store in your area, plus many online shopping assignments from home or on vacation (in over 70 countries). Learn the TOP 100 MYSTERY SHOPPING COM-PANIES. Get paid or keep the items you buy. A FREE dinner for two at a nice restaurant, a FREE hotel, tank of gas, groceries, dry cleaning, store items & more. Instructor has been a professional mystery shopper for over thirty years & teaches in 90 cities. Includes a100-page digital book (a \$39.95 value).

Monday- March 13

The Secrets of Reward Credit Cards: Free Air. Hotels & Cash Back

Earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel and redeem them for high-value trips. Or earn "cash back" to pay for your vacation (or to pay your electric bill, rent, mortgage, etc). Learn a "Beginners Strategy" then graduate to more "Advanced Strategies" that earn you 1 million+ reward points a year. Reward programs are detailed. Includes a 100-page digital book (a \$39.95 value).

Go to www.GinaHenry.com for more info.

Monday- February 27

Social Security 101

1day

This class will cover how age and wages affects benefits and explain entitlement factors for Social Security retirement, spouse, ex-spouse, and survivor benefits. She will also demonstrate the ease of obtaining your Social Security Statement and benefit verification letter via a mySocialSecurity account. Enhance your experience, create an account at www.socialsecurity.gov/myaccount to review your Social Security statement and be prepared to ask questions during the workshop.

 Tuesday- November 8
 Instructor: Charo Boyd

 3:30pm-4:30pm
 Location: JobLink/Microsoft TEAMS

Google Sheets 101

3wks

Google Sheets is a free online spreadsheet app. It looks and functions much like any other spreadsheet tool, but because it's an online app, it offers much more. Google Sheets works from any device, with mobile apps for iOS and Android along with its web-based core app. Sheets includes almost all of the same spreadsheet functions as Excel. We'll start with the basics and learn Google Sheets' calculation and some advanced features and learn how to build your own spreadsheets to use online or offline. Take this class online at

your own pace and watch and practice as many times as you want. Prerequisites: Have or Create an active Gmail account before class

Mondays- February 6 to February 27 No Class: February 20 Location: Online Instructor

Instructor: George Zahariadis

Learn to Play Piano/Keyboard: Levels 1.2.3.4 or 5!

10wks

This class is designed for all levels of Piano students. Learning and playing the piano/keyboard can open up an incredible door of creativity for you, as well as a fulfilling life of music making. Learn from an instructor with over 45 years of playing experience and over 30 years of teaching experience. The instructor will work with groups and individuals based on their piano level. This class is available on site, or can be Zoomed with instructor online, or can be a hybrid class (on site and/or Zoom) in case you cannot make it to class due to your schedule or other time conflicts. Prerequisites: None

Tuesdays- January 17 to March 28 No Class: March 14 11:30am-1pm or 3:30pm-5pm Location: Leon Lynch/Online Instructor: Frances Zahariadis

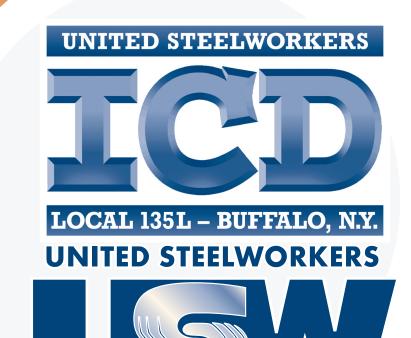
+ Piano Open Lab

1wk

This class is designed for all levels of piano students. Learn from an instructor with over 45 years of playing experience and over 30 years of teaching experience. The instructor will work with groups and individuals based on their piano level. This class is available on site, or can be Zoomed with instructor online, or can be a hybrid class (on site and/or Zoom) in case you cannot make it to class due to your schedule or other time conflicts. Prerequisites: Must have taken or currently taking Learning to Play the Piano/Keyboard classes (Any Level)

Thursdays- January 12 AND January 26 February 9 AND February 23 March 9 AND March 23 April 6 AND April 20

1pm-5pm Location: Leon Lynch/Online Instructor: Frances Zahariadis



ICD Local 135l Mary Ennis: ICD Coordinator ******* 810 Sheridan Dr. Suite 200

(C) 716-245-9425 (F) 716-876-0356 Office Hours M-F 7:00-3:15 (Call/text if you need another time!)

Tonawanda, NY 14150

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Find ICD on Instagram! @icdbuffalo

www.icdlearning.org



ICD USW Local 135 Buffalo NY

www.Uswlocal135.com

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