Custom Personal Development

Fitness for Steelworkers

Bootcamp Style functional fitness with Steelworkers in mind. Interval training using body weight movements. You will end this class fitter, stronger and faster.

10 Weeks: Choose day and time
Saturdays beginning October 2nd at 10:30 am OR Mondays beginning October 4th at 3:30 pm

Notary

Expert training and assistance to prepare for the NYS notary exam.

Class Options: Tuesday September 21st 8 AM-11:00 AM OR 4:00-7:00 PM
or Saturday, September 25th 10:00 AM-1:00 PM

Make Your Own Cornhole Boards

In this custom hands-on class, you’ll make your own custom corn hole board set. This class combines woodworking, creative skills and do it yourself design. Class is 2 days, 3 hours each day.

Class Options: Thursday September 9th and 16th at 5:30 PM OR Saturday October 2nd and 9th at 10:00 AM

Epoxy Flooring

Learn how to lay an epoxy floor right in your own home. This class focuses on indoor epoxy use on indoor flooring.

Class Options: October 18th at 3:30 and 19th at 4:00 OR October 23rd and 30th at 9:00 am.

Indoor Drone Flight Instruction

This class focus on indoor flight training.
Tuesdays September 28th and October 5th and 12th from 3:30 pm - 6:30 pm OR
Saturdays November 6, 13th and 20th from 10am - 1pm
Culinary Training

**Pierogi**
Learn how to make delicious spinach and artichoke dip pierogi and pork cutlet.
Class options: Friday, September 24th at 6:00 PM OR Saturday, September 25th at 11:00 AM

**Dry-Brined Chicken**
A non-traditional, but delicious way to season and cook your game hen. Also learn how to make herb drop biscuits.
Class Options: Thursday, October 7th at 6:00 PM OR Saturday October 9th at 5:00 pm

**Reverse Seared Steak**
Board seasoning with pan roasted fingerlings and white bean and bacon Panzanella.
Class options: Friday, November 12th at 6:00 PM OR Saturday, November 20th at 11:00 AM

**Cake Decorating**
Learn how to decorate a cake ombre style with Swiss buttercream.
Class Options: Saturday, November 6th at 5:00 PM OR Thursday, November 18th at 6:00 PM

**Cookie Decorating**
Seasonal cookies, various frosting techniques.
Class Options: Thursday, December 9th at 6:00 PM OR Saturday, December 11th at 11:00 AM
Rosetta Stone: 1 year contract for 1 language of choice. $100 Member non-refundable deposit required to sign up. Contact ICD to sign up


The Foundry of Buffalo: 716-885-1381 www.TheFoundryBuffalo.org

Taxidermy: White Tail Taxidermy School 1-585-269-9933 www.whitetailtaxidermyschool.com

Motorcycle Safety School: MAC Street Riders (716) 216-4460 www.MacStreetrider.com

Motorcycle Mechanics: Spoke and Daggor 716-616-0777 www.spokeanddaggerco.com

401K Educational class

Understanding your 401K, as well as how to manage investments. Learn how to design a retirement portfolio and how to meet your investment goals.

This is a 5 week ZOOM class beginning 9/14.

CDL Training and Licensing

National Tractor Trailer School: 1-844-922-0874 www.NTTS.edu

Stevens Truck Driving School: 716-674-2340 www.StevensDrivingSchool.com

All SUNY schools will be running with limited capacity and will consist of some online teaching. Please contact your school of interest directly to discuss the issues at hand.

### In-Person/Online

- **Erie Community College**: 716-851-1456 www.ECC.edu
- **SUNY Empire**: 1-800-847-3000 www.ESC.edu
- **Buffalo State College**: 716-878-4000 www.BuffaloState.edu
- **University of Buffalo**: 716-645-2000 www.Buffalo.edu
- **Daemen College**: 1-800-462-7652 www.Daemen.edu
- **Bryant & Stratton College**: www.bryantstratton.edu
- **Erie 1 BOCES**: 716-821-7500 www.E1B.edu
- **Orleans Niagara BOCES**: 716-731-6800 www.ONboces.org
- **QUEEN CITY FINE ARTS**: https://queencityfinearts.com

### Online Only

- **Penn Foster**: 1-800-230-7206 www.PennFoster.edu
- **ToolingU**: 1-866-706-8665 www.ToolingU.com
- **Career Academy**: 781-453-3900 www.CareerAcademy.com
- **Free USW College Benefit College**: 1-888-590-9009 https://freecollege.usw.org

### Educational Partners

- **ABTU American Business and Technology University** www.ABTU.edu
- **Ashworth College** Contact Karen Hedge with questions or to enroll: 1.877.758.7630 ext. 2060 or kahedge@ashworthcollege.edu
- **Columbia Southern University** www.ColumbiaSouthern.edu
- **DeVry University** www.devry.edu/ICD
- **Morgan Stanley Financial Wellness** www.financialwellness.morganstanley.com/icdenroll
- **NetTudor** www.nettudor.edu
CNC Electrical Phases 1-5

Held at CNC Technical Solutions in Medina, these detail oriented classes are your one stop to becoming a master electrician.

Classes begin various times in September. Contact John Slisz of ECC to sign up or with questions. 716-200-8110

NYS Real Estate, Appraisal and Home Inspection Licensing

WNY School of Real Estate: (716) 633-9009 www.WNYschoolofrealestate.org


Cusack Center for Professional Development: 716-683-4080

Defensive Driving Online Classes


www.idrivesafely.com

www.aaa.com/defensivedriving

• It is expected that if a member registers for a class that member will attend and complete. If a class is paid for and the member does not attend, or fails to complete, ICD benefits may be suspended. Contact Mary for any questions.
Art and Techniques of Effective Selling & Promotion

This is an introductory course that teaches the importance of understanding and using effective selling and promotional techniques. You may have a great business idea, however, if you cannot sell it and promote it, what have you gained? Learning how to be convincing is an important step in becoming a successful business owner. This course will show you how to prospect, build selling relationships, get your foot in the door, handle objections and close the sale. Spouses are welcome to attend at no charge.
Prerequisites: None

Thursdays-October 21 to December 16
No Class: November 25
8am-10am or 4pm-6pm or 6pm-8pm
Location: Leon Lynch  Instructor: Scott Williams

Business Planning II: Fine Tuning Your Business Plan

This course allows the participant the opportunity to complete an initial draft of a business plan. The initial draft will include an operational plan, a management plan, a marketing plan, as well as a financial plan. The financial plan will include a comprehensive sales forecast, a profit and loss projection and a cash flow projection. Spouses are welcomed to attend at no charge. Enroll today! Prerequisites: None

Thursdays-August 26 to October 14
8am-10am or 4pm-6pm or 6pm-8pm
Location: Leon Lynch  Instructor: Scott Williams

Easy Guitar

This course is open to anyone who wants to learn to play the guitar as well as anyone who would like to brush up on or improve your skills on the guitar. Anyone with a guitar is welcome! Our online video contains three levels of instruction from beginner to advanced and will be tailored to the guitar players who take the course. Most important is we'll have fun and play the guitar. Eric Lambert is an award winning instructor, performer and recording artist and can quickly and easily help you develop the skills you need to play the tunes you've always wanted to play. Prerequisites: Own a guitar

Mondays-August 16 to November 8
No Class: September 6
11am-12pm or 2pm-3pm or 3:15pm-4:15pm
Location: JobLink  Instructor: Eric Lambert

MTM Prep

This 11-week course will briefly touch on the procedures such as welding, machinery, tools, hydraulics, pumps, piping, print reading, and more. This introductory course is for anyone who wants to improve their Ramsay score. Prerequisites: None

Tuesdays-August 31 to November 9
9am-12pm or 3pm-6pm
Location: Leon Lynch
Instructor: Nick Nash

Taking Stock In Your Life & Finances

The intention of this course, is to introduce new-found confidence and understanding of the markets and how they may affect individuals in their financial growth and retirement. The course will teach students how to remove the media noise and biased opinions from the news heard and seen daily. Students will learn to make financial decisions with clearer minds, based on probabilities of success and reduced risk. Students will learn to trade the stock market from very basic concepts to more advanced trading strategies. Students will also learn how to build strong lists of stock and mutual funds. Prerequisites: Computer available for viewing classes, in the comfort of the student home, if desired. Each student once registered for class by Joblink, shall submit their emails to tomcook1124@gmail.com, in order to be admitted into each live class session.

Tuesdays-August 17 to September 21
10am-12pm or 4pm-6pm
Location: JobLink & Live-streamed
Instructor: William Thomas Cook II

What I liked best about the class was the ability to telecast (watch the class online) when I was unable to attend classes due to my workshift.

Live and Online classes are offered at Leon Lynch Learning Center and at JobLink. Visit our website for more information: careerdevelopmentchannel.org
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Office Hours M-F 7:00-3:15
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www.icdlearning.org
www.Uswlocal135.com

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